

Apply The Word

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Message Info

Title:

Where Do I Turn?

Speaker:

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Date:

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Scriptures:

Psalms 46

Theme: Take refuge in God alone through every trouble and you will stand secure.

Introduction: This world is filled with troubles, seen and unseen. Life in a fallen age is a mix of blessing and suffering, of desirable and unwanted outcomes. And through it all, one question confronts us all: where do I turn for help? The place we seek out for comfort reveals our true hope; and our good God means for us to take refuge in him alone, at all times, and to walk confidently within his loving care for his people.

We find 3 aspects of God's personal care for his people in this psalm:

1. An unshakeable fortress

The banner headline of this psalm is straight-forward: "God is our refuge and strength, a very present help in trouble." We can move too quickly past this. The psalmist also boldly asserts, "Therefore we do not fear." The Lord intends to meet us in our fears.

So, we must consider and apply these truths: when fearful situations arise, we must take them to the Lord and take refuge in him. He alone can keep us safe through life.

2. A reliable presence

The psalmist makes clear that God is with his people. We cannot escape his presence. Therefore, we shall not be moved. As we take refuge in the presence of God, we remain steadfast in life's troubles.

The psalmist also reminds us of God's deliverance in the Exodus (14:26-27). He is the God who saves his people.

3. A certain future

Finally, the psalmist commands us to consider God's work of judgment upon his enemies. He commands us to behold God's wrath.

The rebellious peoples are called to be still and know that he is God. He will be exalted on the earth.

Part of our motivation for taking refuge in God is the certain knowledge that he will bring justice to the earth, and the certain future we will have in presence forever.

Questions:

1. Where do you feel threatened? What are your troubles?
2. Where is God calling you to take refuge in him?
3. Why can you trust him? What does it look like to trust him in *your* troubles?

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