

# Apply The Word

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## Message Info

### Title:

Abomination or Delight

### Speaker:

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### Date:

January 4<sup>th</sup>, 2026

### Scriptures:

Proverbs 11:1–31

**Theme:** Be attentive because we are either delightful or abominable.

**Introduction:** While cartoon characters such as the Abominable Snowman take on a persona that is just slightly scary, it is far from portraying the true meaning of “abominable.” For something to be abominable means it is disgusting, vicious, and vile. The reality is that humans are either delightful to the Lord or abominable to him. In the Scriptures, when things are described as an abomination to the Lord, we must take note. Proverbs 11 calls two things an abomination to the Lord: a false balance (v. 1) and those of a crooked heart (v. 20).

The passage can be split up according to one thing the Lord loves, and one thing he hates:

### 1. The Lord Loves a Fair Scale (1–19)

- The Lord abominates the use of unjust scales.
- We ought to weigh out everything in life according to the just weights God uses.
- Using one’s own scales is an expression of pride; humility begins with God’s righteous evaluation of the world.
- Verses 3–8 spell out the consequences of using a false balance.
- Our sense of justice is found in the justification we have in Christ.
- Our words are weighed as well, and they reveal whether we measure things according to God’s scales or ours.

### 2. The Lord Hates a Crooked Heart (20–31)

- A just scale is not just about the things we do—it is about who we are.
- The hope that Proverbs 11:20 holds out is unattainable, except for the fact that Christ is sinless and has given his people his righteousness.
- Proverbs 11:20–31 gives examples of crookedness, including a beautiful woman who lacks discretion (v. 22) and the one who withholds what he should give (v. 24).
- All have sinned, and yet Jesus Christ is the just weight that justifies us.

### Questions:

1. In what ways might you need to bring parts of your life under the “just weights” of God, realigning yourself with what he calls good?
2. What do your interactions with others demonstrate about the scale you are using (God’s or your own)?
3. How can you forsake crookedness in your own life and the lives of those around/under you?